

Mammography Examinations

Mammography is the use of X-rays to image and evaluate breast tissue.

This is useful for:

- Routine screening of breast health
- Evaluation of any breast disease
- Evaluation of any breast lumps, tenderness or painful regions
- Baseline evaluation for comparison to future mammograms.

In order to prepare for your mammogram, you should not wear talcum powder, underarm deodorant or any other products which may cause an inaccurate image. You will also be asked to change into a medical gown for the procedure.

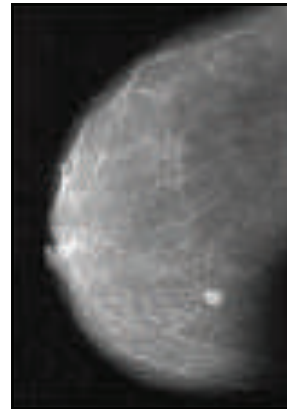
The best images are obtained by applying compression to the breast tissue. Some people find it is more comfortable to book their mammogram in the two weeks following their menstrual cycle when breast tenderness is minimized. Abstaining from caffeine in the days prior to your exam has also been noted to decrease breast tenderness.

Safety Information about Mammograms

For comparison purposes, the amount of X-ray radiation exposure you receive during a mammogram is approximately equivalent to three months of naturally occurring background radiation. Mammograms are NOT recommended for women who are pregnant or breastfeeding. Please notify the Technologist of any other medical conditions that may affect your ability to have the procedure.

Mammogram Results

The images taken by the Technologist are interpreted by a Radiologist and the results will be sent to your physician. Depending on the results of your exam, follow up images in mammography or ultrasound may be ordered to obtain greater detail or better visualization of any findings.



WE CARE WHAT YOU THINK

Date: _____ Area/Dept: _____

While at Collingwood General & Marine Hospital:

	Always	Sometimes	Never	N/A
1. I was cared for promptly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Staff were courteous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I received satisfactory answers to my questions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I participated in decision making about my care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. My privacy was respected	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. My dignity was maintained	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I was provided with follow up or discharge instructions related to my visit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. The Department where I received care was clean	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Overall, I feel my care at Collingwood General & Marine Hospital was :				
Excellent <input type="checkbox"/> Very good <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor <input type="checkbox"/>				

We strive to make your visit to the Hospital as safe as possible. Please use the following measures to do your part :

1. We are a scent free environment; refrain from wearing perfume, cologne or any scented products before arriving for your appointment or visiting patients.
2. Cover your cough! If you are experiencing respiratory symptoms, please request a mask from any of our registration areas and wear it while on the premises.
3. Hand washing protects us all from the spread of infectious diseases. There is hand cleansing gel available in all areas for your use.